Being Well Staying Well

Farnham Estate Spa & Golf Resort 28th - 29th November, 2019





Association of Community and Comprehensive Schools Cumann na Scoileanna Pobail agus Cuimsitheacha

"Coaching for Effective School Leadership that is Rewarding and Sustainable"

"I am afraid of upsetting staff" "I seem to be permanently chasing my tail" *"I am trying to keep everyone happy"*

"I cannot ask the team to do more they are so busy all ready" "I really enjoy the students but get so little time with them"

"I never get to focus on Teaching and Learning with all the paperwork"

"I cannot keep going at this pace"

"I prefer to do it myself as I know it will be done right" "How will I make it to retirement?"

"Its so hard to know if I am doing the right thing" "It's no one else's job so it must be mine"

> "I seem to do all the talking"





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Accessing the CSL Coaching service

There will be 400 coaching places for DES registered school principals. There are 40 CSL coaches in 6 different regions around the country. Principals can choose to attend a coach in any of the regions listed below. Principals should select their preferred region and browse the biographies of the coaches available in the region. Contact can then be made with the selected coach via the contact details on the coach's page. In most cases the contact details refer to a coaching company. The coaching company will arrange the chemistry meeting between the Principal and the Coach.

Select your Region to view Coaches

Dublin North, Louth, Meath, Cavan, Monaghan -Baile Átha Cliath Thuaidh agus Lú, An Mhí, An Cabhán, Muineachán

Dublin South, Kildare, Wicklow - Baile Átha Cliath Theas agus Cill Dara, Cill Mhantáin

Carlow, Kilkenny, Tipperary, Waterford, Wexford -Ceatharlach, Cill Chainnigh, Tiobraid Árann, Port Láirge, Loch Garman

Cork, Limerick, Kerry - Corcaigh, Luimneach agus Ciarraí

Galway, Clare, Laois, Offaly, Westmeath - Gaillimh, An Clár, Laois, Uibh Fhaili, An Iarmhí

Donegal, Sligo, Leitrim, Longford, Mayo, Roscommon - Dún na nGall, Sligeach, Liatrom, Longfort, Maigh Eo, Ros Comáin

the footenties were the





Brian Crowley



Rachel Doogue



Tara Nolan



Niamh Tokins



Michael O'Connell



Paddy Ryan



Louise E Nicholson



Dr. Paul Roe





Panelists



Clare Catterson

Principal, Synge Street CBS



Tara Nolan

Coach



Elizabeth Gary Brosnan

Coach



Valerie Maher

Principal Holy Child Community School



